

UNIVERSIDAD NACIONAL AUTÓNOMA DE MÉXICO FACULTAD DE PSICOLOGÍA



Centro de Documentación "Dr. Rogelio Díaz Guerrero"



Boletín de Novedades Bibliográficas y Hemerográficas

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Contacto: Mtra. Adriana Gruz Romero Coordinadora del Centro de Documentación Correos: adcruz ro@unam.mx o cedoc.psicologia@unam.mx

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AGOSTO 2020

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Libros electrónicos de texto completo en el catálogo de Libriunam.

Artículo recomendado

Recomendación digital

Frases para recordar

"Cuando el error se hace colectivo, adquiere la fuerza de una verdad"

Gustave Le Bon (1841–1931)



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Libros digitales en LIBRUNAM

Penn, Paul (2020). The psychology of effective learning. New York:

Effective Studying Routledge. This book provides a guide for students

The Psychology of

to key study skills that

instrumental in success at university, covering time management, academic reading and note-taking, academic integrity, preparation of written assignments, teamwork and presentations.

Written in a humorous and irreverent tone, and including illustrations and examples from popular culture, this is the ideal alternative and accessible study skills resource for students at undergraduate level, as well as any reader interested in how to learn more effectively

Landrum, Timothy. (2019). Emerging research and issues in behavioral disabilities. Bingley: Emerald Publishing Limited.

The challenges associated with the education a n d

treatment of children and vouth with emotional and behavioral disorders (EBD) have proven to be both persistent and exceedingly complex. Thus, our best hope for improving outcomes for students with or at risk for EBD lies not in miracle cures or the eradication of all disorders, but in the incremental progress that furthers our understanding of the nature of EBD, enabling us systematically refine interventions. Toward these goals, this volumen focuses on emerging research and issues related to students identified with or at risk of EBD.



Ardila, Alfredo. (2018). Historical development of human cognition: A cultural-historical neuropsychological perspective. Springer.

The book addresses a central question: how

did cognition emerge in human history? It approaches the question from a cultural-historical, neuropsychological perspective and analyses evidence on the historical origins of cognitive activity; integrates information regarding crosscultural fifferences in neuropsychological performance; and discusses how adoting a historical and cultural perspective in the behavioural neurosciences can help to arrive at better understanding of cognition.

Lastly, it proposes general guidelines for future research in the área.

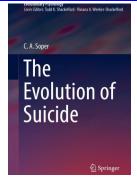
Cyr, Jennifer. (2019). Focus Groups for the Social Science Researcher. New York: Cambridge University Press.

This work provides a step-by-step guide to undertaking focus groups, whether as a stand-alone method or alongside other qualitative or quantitative methods. It recognizes the challenges that focus groups encounter and provides tips to address them.

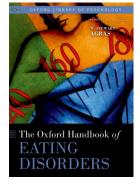
The book highlights three unique, inter-related characteristics of focus groups. First, they are inherently social in form. Second, the data emerge organically through conversation; they are emic in nature. Finally, focus groups generate data at three levels of analysis: the individual, group, and interactive level. The book builds from these three characteristics to explain when focus groups can usefully be employed in different research designs



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THE EVOLUTION OF SUICIDE



THE OXFORD HANDBOOK OF EATING DISORDERS



TECHNOLOGY AND ADOLESCENT MENTAL HEALTH



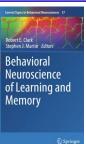




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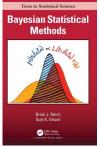




Clark, Robert E. (2018). Behavioral neuroscience of learning and memory Springer.

This book provides a broad coverage of contemporary research and thinking in this

field, focusing both on well established topics such as the medial temporal lobe memory system, as well as emerging áreas of research such as the role of memory in decisión making and the mechanisms of perceptual learning. Key intersecting themes include the molecular and celular mechanisms of memory formation, the multiplicity of memory systems in the brain, and the way in which technological innovation is driving discovery. Also, this volumen brings together research from both humans and animals to give a more comprehensive and integrated view of the field.



Reich, Brian. (2019). Bayesian statistical methods. Boca Ratón: CRC Press.

This book focuses on Bayesian methods applied routinely in practice

including multiple linear regression, mixed effects models and generalized linear models (GLM). The authors include many examples with complete R code and comparisons with analogous frequentist procedures. In addition to the basic concepts of Bayesian inferential methods, the book covers many general topics: advice on selecting prior distributions; computational methods including Markov chain Monte Carlo (MCMC); model-comparison and goodness-of-fit measures, including sensitivity to priors; frequentist properties of Bayesian methods



Theiss, Jennifer (2019) Contemporary Studies on relationships, health, and wellness. New York: Cambridge University Press.

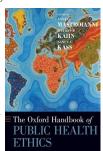
Close relationships are a vital part of people's daily lives; thus family

members, friends, and romantic partners play an integral role in people's health and well-being. Understanding the ways in which close relationships both shape and reflect people's health and wellness is an important area of inquiry. Showcasing studies from various disciplines that are on the cutting-edge of research exploring the interdependence between health and relationships, this collection highlights several relationship processes that are instrumental in the maintenance of health and the management of illness, including interpersonal influence, information management, uncertainty, social support, and communication.

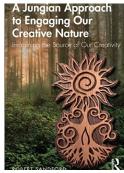
Mastroianni, Anna (2019). The Oxford handbook of public health ethics. New York: Oxford University Press.

Public health has achieved extraordinary successes. And yet these successes also bring with them ethical tension. Not all public health successes are equally distributed in the population; extraordinary health disparities between rich and poor still exist.

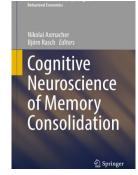
This handbook provides a sweeping and comprehensive review of the current state of public health ethics. This volume discuss the conceptual foundations, ethical tensions, and ethical frameworks of and for public health and how public health does its work. This text examine the application of public health ethics considerations and approaches across a broad range of public health topics. In addiction cover many topics from varying perspectives, a recognition of the diversity of the issues that define public health ethics in the U.S. and globally.



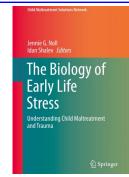
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A JUNGIAN APPROACH TO ENGAGING OUR CREATIVE NATURE



COGNITIVE NEUROSCIENCE OF MEMORY CONSOLIDATION



THE BIOLOGY OF EARLY LIFE STRESS: UNDERSTANDING CHILD MALTREATMENT AND TRAUMA





Atrill-Smith, Allison. (2019). The Oxford handbook of cyberpsychology. New York: Oxford University Press.

The internet is so central to everyday life, that it is imposible to contemplate life without it. From finding romance, to conducting business, receiving health advice, shopping, banking, and gaming, the internet opens up a world of possibilities to people across the the globe. Yet for all its positive attibutes, it is also an environment where we witness the very worst of human behavior—Cybercrime, election interference, facek news, and trolling being just a few examples.

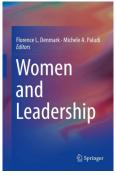
What is it about this unique environment that can make people behave in ways they wouldn't contemplate in real life. Understanding the psychological processes underlying and influencing the thinking, interpretation and behaviour associated with this online interconnectivity is the core premise of Cyberpsychology.



Denmark, Florence L. (2018). Women and leadership. Springer.

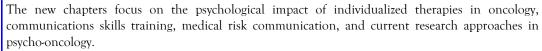
This empowering volumen presents current empirical findings and rich personal insights into the evolving challenges women fase in attaining—and thriving in– leadership positions. Contributors add new voices to emerging and familiar topics, including leadership styles and traits, growth and learning experiences within career paths, mentoring and entreprenurial aspects of leadership, and workplace and societal resistance to women in roles of power.

Representative first-person accounts shed significant light on real-world double standard and double binds (including the unique obstacles faced by minority women), why the glass ceiling still exists, and step still needed to desmantled it.



Goerling, Ute. (2018). Psycho-Oncology. New York: Springer.

This book examines in detail the psychosocial impacts of cancer and its management, explaining the relevance of psycho-oncology during all stages from diagnosis and treatment through to cancer survivorship and rehabilitation and end-of-life care. This edition has been revised throughout to reflect the latest knowledge and places particular emphasis on patients perspectives and what professionals can learn from patients. Readers will find information on a variety of psycho-oncological interventions, and detailed attention is paid to quality of life and patient-reported outcomes (as key benchmarks for successful coping) and to the fear of progression during and after therapy.





Artículo recomendado:

The challenges and experiences of psychotherapists working remotely during the coronavirus pandemic.

McBeath, Alistar Graham. Metanoia Institute, London. United Kingdom.

Abstract: The experiences of challenges of psychotherapists working remotely during the coronavirus pandemic were eclored using mixed-methods approach. An online survey completed by 335 psychotherapists produced both quantitative and qualitaive data with the latter being subject to a reflexible thematic análisis. Large numbers of therapists were using video-link plataforms and the telephone to conduct client sessions.

A majority of therapists felt challenged by remote working, with reduced interpersonal cues, feelings of isolation and fatigue, and technical issues frequently cited concerns. At the same time, most therapists considered that remote working had been effective and that clients were comfortable with the process. Two-thids of therapists indicated that remote working would now become core business for them. The great majority of therapists thought that remote working skills should be part of formal therapy training.

Counselling & Psychotherapy Research. 2020 No pagination specified.

https://doi.org/10.1002/capr.12326





Eppel, Alan. (2018). Short term psychodynamic psychotherapy. New York: Springer.

This is a guide to short-term psychodynamic psychotherapy for early career practitioners and students of mental health. This book is designed to emphasize clarity and succinctness to facilite quality training and practice. The text begins by introducing the theoretical underpinnings of psychodynamic psychotherapy. Topics include the principles of attachment theory, the dual system theory of emotions processing, decisión theory, choice point análisis and critical review of the research literature.

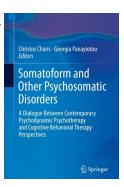
The book then shifts its focus to a description in a manualized format on the objectives and tasks of each phase of therapy within the framework of the engagement, emotion-processing and termination phases. The book concludes with a chapter on psychodynamically informed clinical practice for non-psychotherapists.



Charis, Christos. (2018). Somatoform and other psychosomatic disorders. New York: Springer.

This volumen presents the most contemporary views on the conceptualization and treatment of somatoform disorders and related conditions from experts in psychodynamic and cognitive behavioral approaches. It does so with respect to both perspectives, without advocating for either approach. The book raises that emotion , its processing and regulation, is a cornerstone of these disorders. The volumen also highlights the role of pathogenic coping or defense mechanisms like dysfunctional avoindance (from CBT perspective) and conversión (from the psychodinamic perspective) in the maintenance of psychosomatic symptoms.

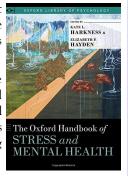
The content include detailed literature reviews on mind-body conditions, including chronic pain, responses to trauma, alexthymia, and the spectrum of health anxiety disorders.



Harkness, Kate L. (2020). The Oxford handbook of stress and mental health. New Yor: Oxford University Press.

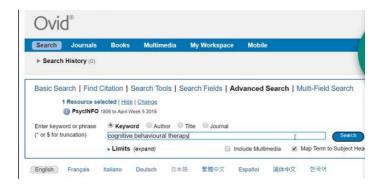
Decades of research have shown that life stress is a central factor in the onset and course of almost every psychiatric disorder. However, the processes by which stress influences mental health are complex, and the integration of the myriad of biological and psychological systems involved requieres a multidisciplinary perspective.

This book provides a overview of the science of stress in mental health. Topics covered include assessment issues, the role of stress in various mental disorders, developmental influences and individual differences factors that predict reactivity to stress, and treatment of stress-related mental health problems. Internationally recognized scholars in the field of stress and stress-related disorders have contributed their diverse expertise, providing both depth and breadth in terms of understanding stress and mental health.



Recomendación digital:

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