



Boletín de Novedades Bibliográficas y Hemerográficas

Avisos

Curso de Búsqueda de Información Psicológica en Bases de Datos – 2021

Te invita a participar en los cursos de **Búsqueda de Información Psicológica en bases de datos** (duración 10 h), cuyo fin es contribuir al alcance de competencias (conocimientos, habilidades y aptitudes) que le permitan al estudiante y académico identificar sus necesidades de información y utilizar diferentes formatos, medios y recursos físicos o digitales.

Se impartirán vía Zoom, dos horas diarias, de lunes a viernes y para acreditarlo se tienen que cubrir 10 horas. Cupo mínimo para apertura del curso 6 personas, cupo máximo 10 personas.

| FECHAS | HORARIOS |
|---------------------|--------------------------------------|
| AGOSTO | |
| 16-20 | 10:00 A 12.00 h. |
| 23-27 | 12:00 A 14.00 h. 17:00 A 19:00 h. |
| SEPTIEMBRE | |
| 30 agosto al 3 | 10:00 A 12.00 h. |
| 6-10 | 12:00 A 14.00 h. |
| 20-24 | 17:00 A 19:00 h. |
| OCTUBRE | |
| 27 septiembre al 01 | 10:00 A 12.00 h. |
| 4-8 | 12:00 A 14.00 h. |
| 11-15 | 17:00 A 19:00 h. |
| 18-22 | |
| 25-29 | |

Nota. Se pueden abrir cursos en horarios y fechas distintas a las establecidas, siempre y cuando los alumnos se organizan en un grupo de 10 personas y lo soliciten.

Contacto

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Mtra. Adriana Cruz Romero
Teléfono: 5622 2245
Email: cedoc.psicologia@unam.mx, adacruzro@unam.mx

Agosto 2021

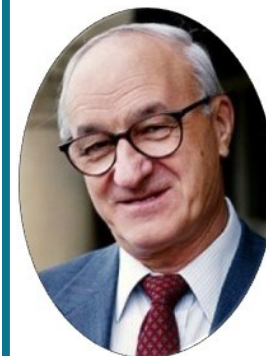
Contenido:

| | |
|---|-----|
| Avisos | 1 |
| Libros digitales de texto completo en el catálogo de Libriunam. | 2-5 |
| Recomendación digital | 4 |
| Artículo recomendado | 5 |

Frases para recordar

"Confiar en ti mismo no garantiza el éxito, pero no hacerlo garantiza el fracaso"

Albert Bandura
(1925–2021)





Centro de Documentación “ Dr. Rogelio Díaz Guerrero” Libros digitales en LIBRUNAM



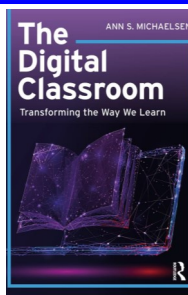
Mather, George. (2021). *The psychology of art*. London: Routledge



Why do we enjoy art? What inspires us to create artistic works? How can brain science help us understand our taste in art?

The Psychology of Art provides an eclectic introduction to the myriad ways in which psychology can help us understand and appreciate creative activities. Exploring how we perceive everything from colour to motion, the book examines art-making as a form of human behaviour that stretches back throughout history as a constant source of inspiration, conflict and conversation. It also considers how factors such as fakery, reproduction technology and sexism influence our judgements about art.

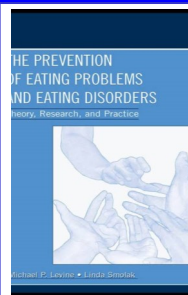
Michaelsen, Ann. (2021). *The digital classroom: transforming the way we learn*. London: Routledge.



The way students learn changes when they have access to digital tools.

This book introduces easy to use methods to all teachers in digital classrooms with the intention to make it simple, accessible, and achievable for everyone. It is not only about the tools, and the how and why, but also about changing the pedagogy making the learning more relevant to the students.

When you open the classroom to the rest of the world, the teacher becomes more important than ever. Digital tools can play a key role in making learning happen and what the teachers know about the use of technology is key.



Levine, Michael P. (2021). *The prevention of eating problems and eating disorders*. London: Routledge.

The authors review the spectrum of eating problems and

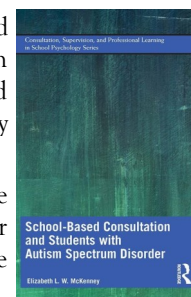
disorders, the related risk and protective factors, the models that have guided prevention efforts to date, the literature on the studies of prevention, and suggestions for curriculum and program development and evaluation. The book concludes with a new prevention program based on the Feminist Ecological Developmental model.

This book addresses: methodologies for assessing and establishing prevention; the implications of neuroscience for prevention; dramatic increases in the incidence of obesity; the role of boys, men, and the media on body image.

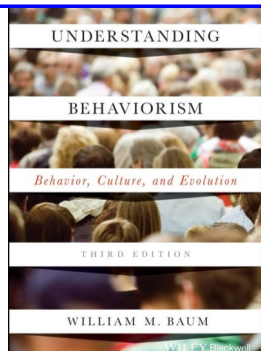
McKenney, Elizabeth. (2021) *School-based consultation and students with autism spectrum disorder*. London: Routledge.

School-Based Consultation and Students with Autism Spectrum Disorder examines the preventive and remedial powers of consultation for indirectly supporting the needs of youth with Autism Spectrum Disorder (ASD), through collaborating with their parents and educators. Given the unprecedented numbers of students with ASD in schools, and the variety of evidence-based interventions currently available, consultation helps ensure appropriate service delivery across the range of student functioning.

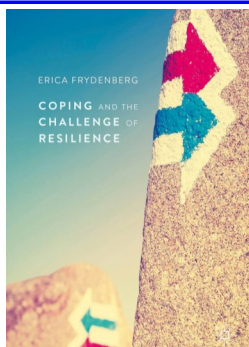
Focusing on foundational knowledge and skills that school consultants need to incorporate ASD service delivery into their research and practice, this text addresses consistent and effective service delivery for students with ASD to optimize their positive academic, behavioral, adaptive, and social communicative outcomes.



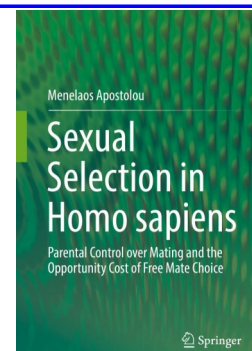
OTROS LIBROS DIGITALES EN LIBRUNAM



UNDERSTANDING BEHAVIORISM
BEHAVIOR, CULTURE
AND EVOLUTION



COPING AND THE CHALLENGE
OF RESILIENCE



SEXUAL SELECTION IN
HOMO SAPIENS





Centro de Documentación "Dr. Rogelio Díaz Guerrero" Libros digitales en LIBRUNAM



Murphy, Philip N. (2021). *Psychobiological issues in substance use and misuse*. London: Routledge.

This book addresses questions regarding public policy and professional practice in the context of different social and cultural environments, and comments on the methodological and ethical issues in substance use and misuse.

Chapters explore a spectrum of substances, which include: cocaine, alcohol, ecstasy, methamphetamine, synthetic cannabinoids, tobacco, ketamine, novel psychoactive substances, and vaping products.

The use of these substances poses important questions for science and for society.



Perry, Josephine. (2021). *The psychology of exercise*. London: Routledge.

The Psychology of Exercise separates fact from fiction, delving into key theories, ideas, and the impact of life stages on when, why, and how we exercise. It explores the barriers and motivators to exercise for children, teenagers, adults, and retirees as well as for those living with a chronic health condition. It shows how when we personalise activity programmes, exercise becomes a life-affirming, life-lengthening habit.

Using real-life case studies from those who work with exercisers at all levels, this book shows us the huge value that comes from exercising in every stage of our lives.

PSYCHOLOGICAL INSIGHTS FOR UNDERSTANDING COVID-19 AND HEALTH
EDITED BY DOMINIKA KWASNICKA AND ROBERT SANDERMAN



Psychological Insights for Understanding COVID-19

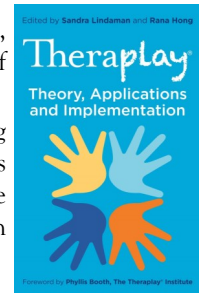
Kwasnicka, Dominika (2021). *Psychological insights for understanding COVID-19 and health* London : Routledge.

In this volume on health, chapters explore the crucial topics of health behaviour change, wellbeing, stress, and coping. They highlight the key role digital health technologies can play in how we manage health conditions, and how we facilitate change to help individuals manage stressful situations such as physical isolation, job loss, and financial strain during the COVID-19 pandemic. The volume also offers an important overview of environmental and policy-based approaches to health behaviour change and addresses the highly relevant issues of identity and trust and how they shape the health of individuals, communities, and society.

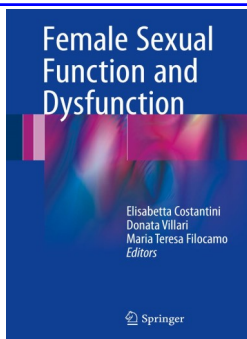
Hong, Rana (2021) Theraplay : theory, applications and implementation. London: Jessica Kingsley Publishers.

This book cover Theraplay with infants, toddlers, school aged children and adolescents. Home, school, and out-patient mental health settings are all covered in detail, as well as dyadic and group forms of Theraplay.

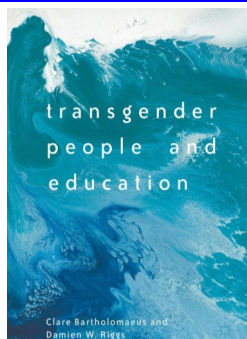
Client issues include interpersonal violence, LGBTQ families, anxiety, child sexual abuse, transitioning from foster care to adoption, and deaf and hard of hearing. Additionally, extensive information is provided about working with caregivers including discussion of their own attachment history, practice sessions before including the child, and regular caregiver-only sessions to process and strengthen Theraplay treatment.



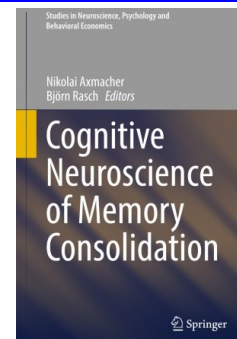
OTROS LIBROS DIGITALES EN LIBRIUNAM



FEMALE SEXUAL FUNCTION AND DYSFUNCTION



TRANSGENDER PEOPLE AND EDUCATION

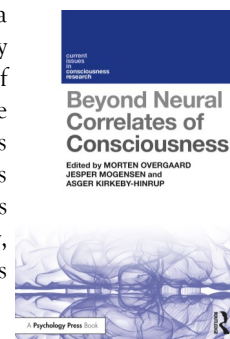


COGNITIVE NEUROSCIENCE OF MEMORY CONSOLIDATION



Overgaard, Morten. (2021). Beyond neural correlates of consciousness. London: Routledge.

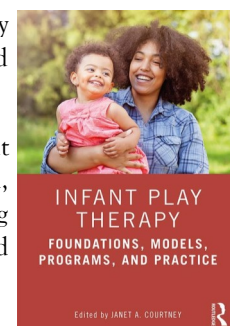
The relationship between consciousness and the brain has concerned philosophers for centuries, yet a tacit assumption in much empirically minded consciousness research seems to be that if we can only develop a map of correlations, no further questions remain to be asked. Beyond Neural Correlates of Consciousness starts where others stop, by asking what these correlations may tell us about the nature of consciousness. The book contains chapters considering the upshots of finding the neural correlates of consciousness in light of the most prominent contemporary theories in the field. This illuminates the theoretical consequences of succeeding in the quest for the neural correlates of consciousness from the perspective of global workspace theory, higher-order thought theory, local recurrency theory, and REFCON models, in addition to considering how this quest is shaped by different conscious phenomena, such as dreaming, altered states of consciousness, and different levels of consciousness.



Courtney, Janet. (2020). Infant play therapy : foundations, models, programs, and practice. London: Taylor and Francis.

Infant Play Therapy is a groundbreaking resource for practitioners interested in the varied play therapy theories, models, and programs available for the unique developmental needs of infants and children under the age of three.

Chapters explore areas including: neurobiology, developmental trauma, parent-infant attachment relationships, neurosensory play, affective touch, grief and loss, perinatal depression, adoption, autism, domestic violence, sociocultural factors, and more. Chapter case studies highlight leading approaches and offer techniques to provide a comprehensive understanding of both play therapy and the ways we understand and recognize the therapeutic role of play with infants.

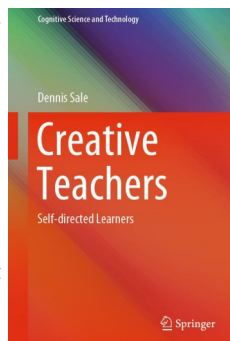


Sale, Dennis. (2020). Creative teachers: self-directed learners. Singapore : Springer.

This book offers teaching/training professionals an evidence-based pedagogic guide to teaching effectively, efficiently and creatively - also known as Creative Teaching Competence.

Firstly it summarizes the extensive research on human psychological functioning relating to learning and how this can be fully utilized in the design and facilitation of quality learning experiences that maximize attainment and engagement opportunities.

Secondly, it demonstrates what creativity actually 'looks like' in terms of specific teaching practices, modeling the underpinning processes (syntax) of creative learning design. It then establishes Metacognitive Capability as the superordinate twenty-first century competency; in that this unique human attribute can significantly enhance the cognitive and motivational strategies essential for facilitating self-directed learning and wellbeing.

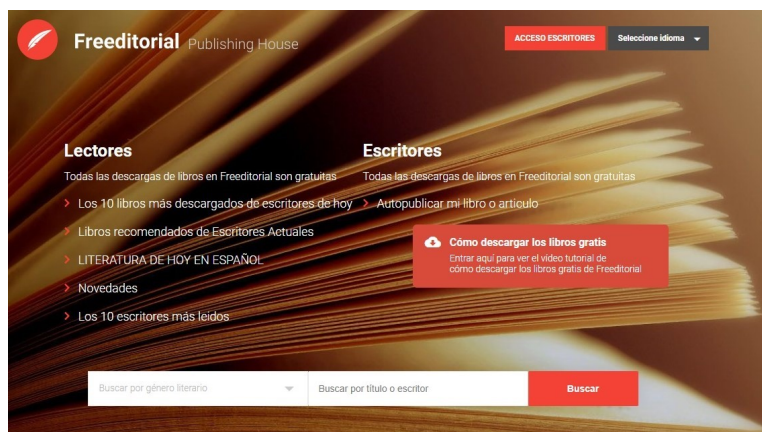


Recomendación digital:

FREEDITORIAL: Es una editorial y biblioteca de libros digitales gratuitos. Nació en el año 2012, gracias al interés de un grupo de españoles y estadounidenses de llevar adelante el sueño de poner a disposición de todo el mundo las maravillas que la humanidad ha escrito y continúa escribiendo. Se actualiza diariamente.

Se puede hallar literatura clásica, y también libros académicos y científicos, así como libros de historia y biografía, libros de poesía, ensayos, relatos y muchos más.

Freeditorial ha publicado más de 50.000 libros digitales de acceso libre, gratuitos y legales, no solo en español, sino también en inglés.



<https://freeditorial.com/es>

Riordan, Brodie. (2021). *Feedback fundamentals and evidence-based best practices*. London: Routledge.

Feedback is an incredibly valuable source of information - it enables us to be more self-aware and understand what we are doing well, and it tells us what we could be doing differently, more of, or less of to improve our performance and achieve our goals. This book provides an essential overview of feedback fundamentals, what gets in the way of effective feedback exchanges, and the impact of technology on feedback interactions.

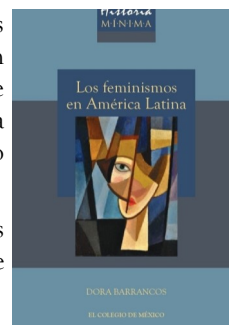
The value of feedback is often unrealized because people dread giving it, dread receiving it, and may not know what to do with it once they get it. This book balances research, testimonials, and practical tools to provide readers with a thorough understanding of feedback exchanges.



Barrancos, Dora. (2020). *Historia mínima de los feminismos en América Latina*. Cdmx: El Colegio de México.

Con el propósito de que públicos amplios se acerquen a aspectos fundamentales de las luchas por los derechos de las mujeres, este libro narra el largo periplo de las feministas en América Latina. En un extraordinario esfuerzo de síntesis, se revisan propuestas y acciones emprendidas por una variedad de colectivos de mujeres: desde la formulación de los primeros feminismos hasta la experiencia inédita de nuestros días, cuando los reclamos de las mujeres nutren masivas expresiones populares, como nunca antes había ocurrido.

En estas páginas se advierten los cambios entre los primeros programas feministas y las demandas actuales de los variados movimientos, así como la vigorosa acción antipatriarcal que recorre Latinoamérica y que sacude especialmente a las jóvenes generaciones.

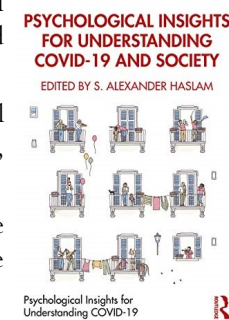


Haslam, Alexander. (2021). *Psychological insights for understanding COVID-19 and society*. London: Routledge.

This book explores how COVID-19 has impacted society, and chapters examine a range of societal issues including leadership and politics, community, social status, welfare, social exclusion and accountability.

Addressing the social and psychological processes that structure, and are structured by, our social contexts, it shows not only how groups and individuals can come together to manage global crises, but also how these crises can expose weaknesses in our society.

The volume also reflects on how we can work together to rebuild society in the aftermath of the pandemic, by cultivating a shared sense of responsibility through social integration and responsible leadership.



Artículo recomendado:

Physical activity in a pandemic: A new treatment target for psychological therapy.

Diamond, Rowan.

Department of Psychiatry, University of Oxford, Oxford, United Kingdom.

Abstract: The COVID-19 pandemic and its management are placing significant new strains on people's well-being, particularly those with pre-existing mental health conditions. Physical activity has been shown to improve mental as well as physical health. Increasing activity levels should be prioritized as a treatment target, especially when the barriers to exercise are greater than ever. Promoting physical activity has not traditionally been the remit of psychologists. Yet psychological theory and therapeutic techniques can be readily applied to address physical inactivity. We present theoretical perspectives and therapy techniques relating to (1) beliefs about physical activity, (2) motivation to be physically active, and (3) the sense of reward achieved through being physically active. We outline strategies to initiate and maintain physical activity during the COVID-19 pandemic, thereby benefitting mental and physical health. COVID-19 is demanding rapid and substantial change across the whole health care system. Psychological therapists can respond creatively by addressing physical activity, a treatable clinical target which delivers both mental and physical health benefits. Practitioner points Physical activity is essential for our mental and physical health. Yet COVID-19 presents novel barriers to physical activity. Psychological theory and techniques to address beliefs, motivation, and reward can be applied to increase physical activity during COVID-19. Physical activity is an important clinical target to sustain and improve mental health, especially in the current pandemic.

Psychology and Psychotherapy: Theory, Research and Practice. Vol.94(2), 2021, pp. 357-364.