



Boletín de Novedades Bibliográficas y Hemerográficas

Avisos

Le invita a participar en los cursos de Búsqueda de Información Psicológica en bases de datos (duración 10 h), cuyo objetivo es contribuir al alcance de competencias (conocimientos, habilidades y aptitudes) que le permitan al estudiante y al académico identificar sus necesidades de información y utilizar diferentes formatos, medios y recursos físicos o digitales. Se impartirán, dos horas diarias, de lunes a viernes y para acreditarlo se tienen que cubrir 10 horas. Cupo mínimo para apertura del curso 6 personas, cupo máximo 10 personas.

Nota: Se pueden abrir cursos en horarios y fechas distintas a las establecidas, siempre y cuando los alumnos se organicen en un grupo de 6 personas, cupo máximo 10 personas.

Contacto

Coordinador del Centro de Documentación "Dr. Rogelio Díaz Guerrero"
Dr. Fermín López Franco
Teléfono: 55 5622 2245
Email: cedoc.psicologia@unam.mx

CURSOS ABRL – MAYO

Del 15 al 19 de abril de 10:00 a 12:00 h.

Del 15 al 19 de abril de 17:00 a 19:00 h.

Del 22 al 26 de abril de 10:00 a 12:00 h.

Del 22 al 26 de abril de 17:00 a 19:00 h.

Del 20 al 24 de mayo de 10:00 a 12:00 h.

Del 20 al 24 de mayo de 17:00 a 19:00 h.

Abril 2024

Contenido:

Avisos 1

Libros físicos en el Acervo del Centro de Documentación 2-5

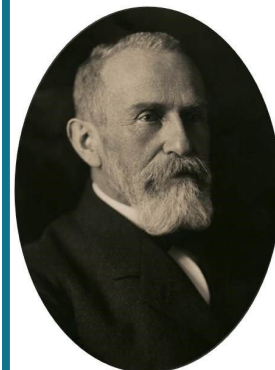
Artículo recomendado 4

Recomendación digital 5

Frases para recordar

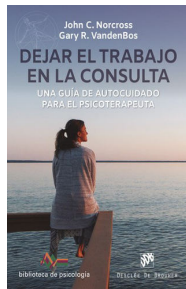
"Al fin y al cabo, los pacientes esquizofrénicos me resultan más extraños que los pájaros de mi jardín. Pero si ellos son extraños para nosotros, ¿qué somos nosotros para ellos?".

Eugen Bleuler
(1857–1939)



Centro de Documentación
“ Dr. Rogelio Díaz Guerrero”
Novedades Bibliográficas

Norcross, John. (2021). **Dejar el trabajo en la consulta. Una guía de autocuidado para el psicoterapeuta.** Bilbao : Desclee De Brouwer

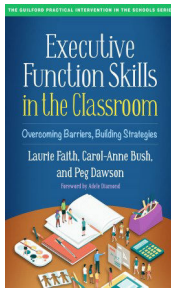


Los profesionales de la salud mental ofrecen una mejor atención a sus clientes cuando se cuidan a sí mismos.

Esta guía sumamente práctica, ha ayudado a psicoterapeutas atareados a equilibrar su vida personal y profesional.

El libro presenta trece estrategias de autocuidado basadas en la investigación y ofrece métodos concretos para integrarlas en la vida diaria. Con ejemplos e ideas de terapeutas expertos, cada capítulo concluye con una lista para comprobar el autocuidado.

Faith, Laurie. (2022). **Executive function skills in the classroom.** New York: The Guilford Press.

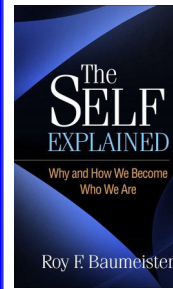


With insight and humor this motivating guide shows how to bring executive functions (EF) to the forefront in K-8 classrooms without adopting a new curriculum or scripted program.

Ideal for professional development, the book includes flexible, practical, research based ideas for implementation in a variety of classroom contexts.

It shares stories from dozens of expert teachers who are integrating explicit EF support across the school day.

Provided is a clear approach for talking about EF barriers and strategies as part of instruction, and working as a class to problem-solve, explore, and apply the strategies that feel right for each student.



Baumeister, Roy. (2022). **The Self Explained: Why and How We Become Who We Are.** New York: The Guilford Press.

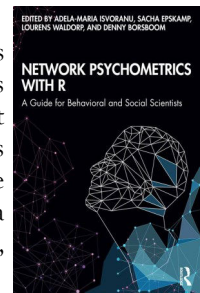
The idea of the self is immediately familiar to everyone, yet elusive to define and understand.

This volume synthesizes a vast body of knowledge to provide a panoramic view of the human self-how it develops and functions, why it exists, and what problems it encounters on the journey through life. What are the benefits of self-knowledge, and how attainable is it? Do we have one self, or many? What is the relationship of self and society?

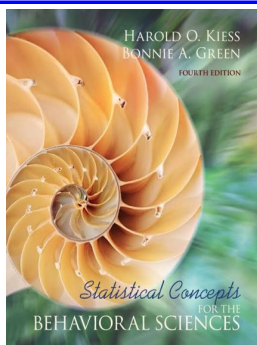
In 28 concise chapters, author explains complex concepts with clarity and insight. He reveals the central role played by the self in enabling both individuals and cultures to thrive.

Isvoranu, Adela. (2022). **Network Psychometrics with R.** New York: Routledge.

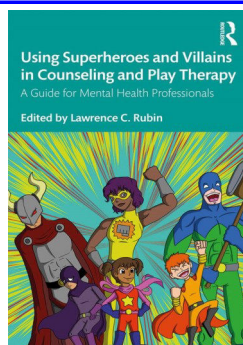
This book showcases cutting-edge methods in an easily accessible format, accompanied by problem sets and code. After working through this book, readers will be able to understand the theoretical foundations behind network modelling, infer network topology, and estimate network parameters from different sources of data. This work features an introduction on the statistical programming language R that guides readers on how to analyse network structures and their stability using R. While this book is written in the context of social and behavioral science, the methods introduced in this book are widely applicable to data sets from related fields of study. Additionally, while the text is written in a non-technical manner, technical content is highlighted in textboxes for the interested reader.



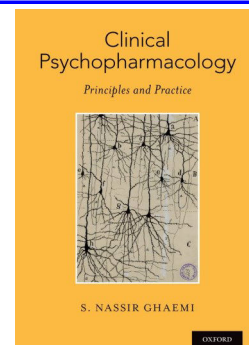
OTROS LIBROS FÍSICOS EN EL CEDOC



STATISTICAL CONCEPTS FOR THE BEHAVIORAL SCIENCES



USING SUPERHEROES AND VILLAINS IN COUNSELING AND PLAY THERAPY



CLINICAL PSYCHOPHARMACOLOGY: PRINCIPLES AND PRACTICE

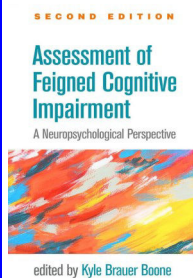
Centro de Documentación “ Dr. Rogelio Díaz Guerrero” Novedades Bibliográficas



Mancini, Francesco (2021). La mente obsesiva Tratamiento del trastorno obsesivo-compulsivo. Bilbao: Desclée De Brouwer

Este libro presenta un modelo de comprensión del trastorno obsesivo-compulsivo (TOC) y de su tratamiento basado en los resultados de la investigación experimental.

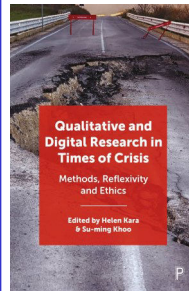
El TOC consiste en los intentos de prevenir o neutralizar una culpa que, a causa de experiencias infantiles, se configura como catastrófica. Estos intentos generan consecuencias intrapsíquicas e interpersonales que mantienen y agravan el propio trastorno. El tratamiento utiliza como estrategia principal la aceptación de los riesgos percibidos por la persona y la reducción de su vulnerabilidad al sentimiento de culpa.



Brauer, Kyle. (2021) Assessment of Feigned Cognitive Impairment: A Neuropsychological Perspective. New York: The Guilford Press.

Leading authorities synthesize the state of the science on symptom feigning in cognitive testing and present evidence-based recommendations for distinguishing between credible and noncredible performance.

A wide range of performance validity tests (PVTs) and symptom validity tests (SVTs) are critically reviewed and guidelines provided for applying them across differing cognitive domains and medical, neurological, and psychiatric conditions. The book also covers validity testing in forensic settings and with particular populations.



Kara, Helen. (2022). Qualitative and Digital Research in Times of Crisis. Bristol: Policy Press.

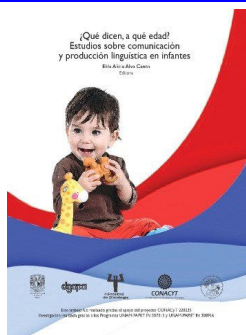
Crises such as the COVID-19 pandemic, disasters, or violent conflict present challenges for researchers. Faced with disruption, obstacles, researchers in times of crisis must adapt or redesign existing research methods in order to continue their work effectively. This volume explores the creative and thoughtful ways in which researchers have adapted methods and rethought relationships in response to challenges arising from crises. Their collective reflections, strategies, and practices highlight the importance of responsive, ethical, and creative research design and the need to develop methods for fostering mutual, reflexive, and healthy relationships in times of crisis.

Peniche, Rodrigo. (2022). ¡El trabajo me quema! Un cómic sobre el desgaste ocupacional. CDMX: UNAM.

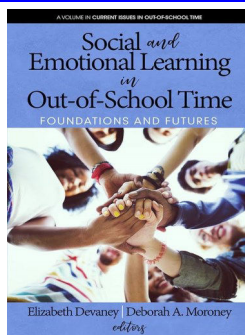
Esta obra ilustra los desafíos y peligros del agotamiento laboral en la sociedad moderna. En un mundo donde las demandas diarias, las presiones profesionales y las responsabilidades personales pueden resultar abrumadoras, este cómic nos sumerge en la vida de personajes que luchan contra el agotamiento. A través de viñetas y personajes bien desarrollados, Peniche logra transmitir de manera efectiva la realidad del “burnout” o agotamiento extremo en el ámbito laboral. Nos muestra cómo los protagonistas experimentan el agotamiento en diferentes etapas de sus carreras y cómo afecta su salud mental y emocional. Lo más importante es que también ofrece soluciones para prevenir y combatir este problema. Este cómic ofrece una hoja de ruta para reconocer, abordar y superar el agotamiento ocupacional, recordándonos que cuidar de nosotros mismos es fundamental para una vida equilibrada y saludable.



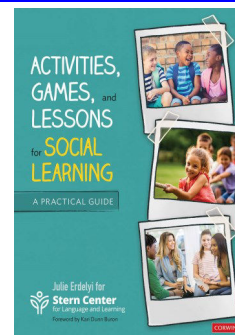
OTROS LIBROS FÍSICOS EN EL CEDOC



**¿QUÉ DICEN, A QUÉ EDAD?
ESTUDIOS SOBRE COMUNICACIÓN Y
PRODUCCIÓN LINGÜÍSTICA EN INFANTES**



**SOCIAL AND EMOTIONAL
LEARNING IN
OUT-OF-SCHOOL TIME**



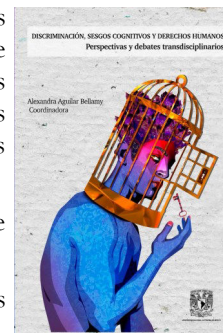
**ACTIVITIES, GAMES AND
LESSONS FOR SOCIAL LEARNING:
A PRACTICAL GUIDE**

Aguilar Bellamy, Alexandra. (2022). Discriminación, Sesgos cognitivos y Derechos humanos. CDMX: UNAM.

¿Por qué discriminamos? ¿Por qué somos indiferentes a las violencias que sufren otras personas? Estas preguntas han estado al centro de la reflexión social y académica desde hace tiempo y aún no contamos con respuestas que permitan cambiar los comportamientos colectivos que las originan. La psicología cognitiva ha aportado nuevas formas de entender cómo los seres humanos procesamos la información de nuestro entorno y el papel que juegan los sesgos cognitivos en fenómenos como la discriminación, el racismo y la violencia.

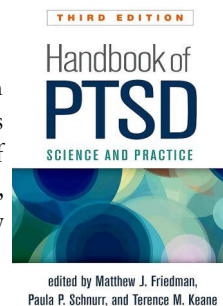
Este libro reúne los trabajos y reflexiones sobre los sesgos cognitivos y la persistencia de comportamientos sociales e institucionales discriminatorios y violatorios de los derechos humanos.

En esta obra se podrán encontrar perspectivas transdisciplinarias que invitan a generar nuevos debates y líneas de investigación en torno a estos temas.



Friedman, Matthew. (2021). Handbook of PTSD. New York: The Guilford Press.

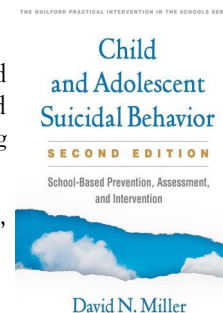
Authors examine the breadth of current knowledge on the mechanisms by which stressful events can alter psychological processes, brain function, and individual behavior. Risk and protective factors across development and in specific populations are explored. Reviewing the state of the science of assessment and treatment, the volume covers early intervention and evidence-based individual, couple/family, and group therapies. Conceptual and diagnostic issues are addressed and key questions for the next generation of researchers are identified.



Miller, David. (2021). Child and adolescent suicidal behavior : school-based prevention, assessment, and intervention. New York: The Guilford Press.

This resource provides school practitioners with an evidence-based framework for preventing and effectively responding to youth suicidal behavior. Author guides readers to understand, screen, and assess for suicide risk in students in grades K-12. He presents collaborative strategies for intervening appropriately within a multi-tiered system of support.

The book also shows how to develop a coordinated plan for postvention in the aftermath of a suicide, offering specific dos and don'ts for supporting students, parents, and school personnel.



Artículo recomendado:

The social effects of an awesome solar eclipse.

Goldy, Sean P.: Department of Psychological Science, University of California, Irvine, CA, US.

Abstract: Astronomical events such as solar eclipses have played a transformative role in human social collectives as sources of collective wonder, inspiration, and reconciliation. Do celestial phenomena systematically shape individuals and their groups? Guided by scientific treatments of awe as an experience that helps individuals form into collectives, we used Twitter data (N = 2,891,611 users) to examine the social impact of a historic, awe-inspiring celestial event: the 2017 solar eclipse.

Relative to individuals residing outside the eclipse's path, individuals inside it exhibited more awe and expressed less self-focused and more prosocial, affiliative, humble, and collective language (Study 1). Further, individuals who exhibited elevated awe surrounding the eclipse used more prosocial, affiliative, humble, and collective language relative to their preeclipse levels and relative to users who exhibited less awe (Study 2). These findings indicate that astronomical events may play a vital collective function by arousing awe and social tendencies that orient individuals toward their collectives.

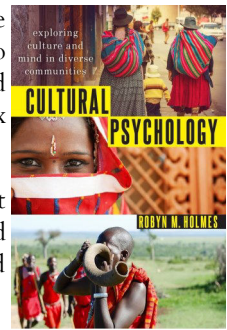
Psychological Science. Vol.33(9), 2022, pp. 1452-1462.

<https://doi.org/10.1177/09567976221085501>

Holmes, Robyn. (2020). Cultural Psychology: Exploring culture and mind in diverse communities. New York: Oxford.

Cultural Psychology draws upon major psychological topics, theories, and principles to illustrate the importance of culture in psychological inquiry. Exploring how culture broadly connects to psychological processing across diverse cultural communities and settings, it highlights the applied nature of cultural psychology to everyday life events and situations, presenting culture as a complex layer in which individuals acquire skills, values, and abilities.

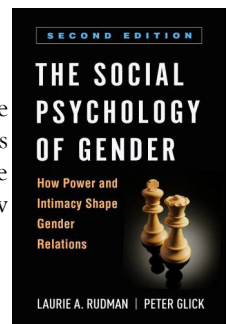
Two central positions guide this textbook: one, that culture is a mental and physical construct that individuals live, experience, share, perform, and learn; and the second, that culture shapes growth and development. Culture-specific and cross-cultural examples highlight connections between culture and psychological phenomena.



Rudman, Laurie. (2021). The Social Psychology of Gender. New York: The Guilford Press.

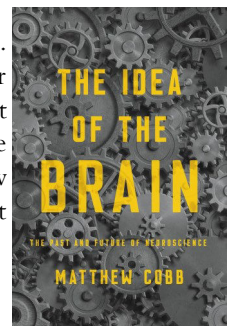
This book examines how attitudes and beliefs about gender profoundly shape all aspects of daily life.

From the schoolyard to the workplace to dating, sex, and marriage, men and women alike are pressured to conform to gender roles that limit their choices and impede equality. The text uses real-world examples to explore such compelling questions as where masculine and feminine stereotypes come from, the often hidden ways in which male dominance is maintained, and how challenging conventional romantic ideals can strengthen heterosexual relationships.



Cobb, Matthew. (2020). The idea of the brain : the past and future of neuroscience. New York: Basic Books.

In this book, Matthew Cobb traces how our conception of the brain has evolved over the centuries. Although it might seem to be a story of ever-increasing knowledge of biology, author shows how our ideas about the brain have been shaped by each era's most significant technologies. Today we might think the brain is like a supercomputer. In the past, it has been compared to a telegraph, a telephone exchange, or some kind of hydraulic system. What will we think the brain is like tomorrow, when new technology arises? The result is an essential read for anyone interested in the complex processes that drive science and the forces that have shaped our brains.



Recomendación digital:

BIBLAT Bibliografía Latinoamericana en Revistas de Investigación Científica y Social:

Es un portal especializado en revistas científicas y académicas publicadas en América Latina y el Caribe, que ofrece los siguientes servicios:

- Referencias bibliográficas de los artículos y documentos publicados en más de 3,000 títulos indizados en CLASE y PERIÓDICA, mediante opciones de búsqueda básica y avanzada.
- Acceso al texto completo de los artículos publicados en revistas de acceso abierto. Biblat ofrece dos tipos de acceso al texto completo: mediante enlaces hipertextuales a los sitios web de las revistas (recursos externos) y a través de la colección del acervo digital de la Hemeroteca Virtual Latinoamericana de la DGB, UNAM.

<https://biblat.unam.mx/es/>

